



Kortrijk

Brugge

Gent

Antwerpen

Brussel

Lille



Innovation in homecare and elderly care

1 Modified living in a sheltered area

2 Networking

3 New home care facilities

Need of care or support in a holistic view:

- Physical needs
- Psychological needs
- Social needs
- Material needs
- Cultural needs
- Existential needs

In the elderly population often physical dependence occurs, while the other areas of life affect them.

The requests for professional home care come mostly from older people (various).

There is a large functional relationship between housing and care

	<i>Residential facilities</i>	<i>Sheltered and assisted housing and living</i>	<i>Independent living with home care</i>
	<p><i>Retirement home</i></p> <p>↓</p> <p>↓</p> <p>↓</p> <p>6 %</p>	<p><i>Various formulas housing - types of care (see next)</i></p> <p>14 %</p>	<p><i>Good comfortable, functional homes</i></p> <p><i>Good support, care and services</i></p> <p>80 %</p>
LIVING	<p>Need for permanent stay</p> <p>↓</p> <p>because</p>	<p>Need for comfortable, functional and adapted housing, but in a protected environment</p>	<p>Need for comfortable, functional and adapted / adaptable housing</p>
CARE	<p>Need for intensive care and support</p>	<p>Need for security, surveillance, support for 'risk condition'</p>	<p>In need of help, need for accessible home</p>



Upgrade the quality of life: an absolute priority

Many studies show that older people are living less comfortable and that their homes are generally of lower quality. Moreover, this concerns a large group of elderly house owners.

The concept of "life-proof dwelling" : an ideal

The criteria adaptable construction and renovation become more important than ever, also encouraged by municipal building codes and regulations and often supported by municipal contributions.

Not the core of social welfare but of private actors, social housing and communities!



Core of social welfare : where living congregates with care = protected / sheltered / assisted living

Social welfare external focus group of experts :

- Elderly-residential and nursing homes
- General welfare centers
- Mental health centers
- Care for disabled people

Assignment:

- Determination of preferential target for p/s/a living
- Develop assistance and service models for p/s/a living with mutual cooperation and input (win-win for everybody)
- Develop business plans for operation of projects p/s/a living



Operation Levels external focus group:

Micro Level: A project of p/s/a-living of one organization

Meso level: multiple projects and interdependencies within an organization

Macro Level: All projects of all organizations in conjunction ► strategic planning for an urban area ... region

Focus Group becomes/is a permanent consultative group with substantive work in the definition of projects, and with at the same time a strategic planning assignment.

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Social welfare has an obligation to assure everyone on his territory of a life that corresponds with human dignity!

Focus: inhabitants of our area (city) ► operation in 8 areas (live&care areas) in Kortrijk

In every live&care area OCMW/CPAS runs a basic point of aid, called a local service center. Besides meeting place, recreation, training and services, there is:

- a comprehensive information point on all areas of life;
- a care counselor or mediator or casemanager who guarantees to each client, an individual qualitative process of guidance for their questions or needs.

In each area we try to implement our management through networking.

Networking = a condition for directing.

In case of sensitivity or threats ► Strategic choice for soft direction:

- Bringing in the picture some specific problems in the sector
- Setting up consultation on a specific theme

We do not call it directing, you have to deserve this position, the partners have to legitimate us.

Experimental networking with SMART objectives, who have sufficient potential to succeed, so that success (quick wins for everyone) easily leads to multiplication of new initiatives.

Examples: busexcursion, cuddleroom use, training, information exchange,



Cooperation - networking, a broad operational definition:

- Involving and integrating effort, expertise, resources ...
- Of other people, players, services, organizations ...
- In order to achieve our mission ...
- At the level of client, team, project, organization ...

Can have many forms: coordination, information sharing, shared care or shared projects

Cooperation is a means not an end.
The goal is task oriented and shared. The importance of the agenda of the partners may be different.



Opportunities for networking

1 Networking in **functions**

For example : social restaurant, health prevention ...

2 Networks to **target-groups**

For example : elderly, disabled, underprivileged ...

3 Networks of **facilities**

For example : elderly facilities work together on some activity, residential care facilities work together concerning the waitinglist for the light-dependants targetgroup...

4 Networks in **territory**

For example : Neighbors for Neighbors, a broad partnership on the zero line to detect early very old vulnerable people and respond to their needs

Innovation in the homecare and elderly care

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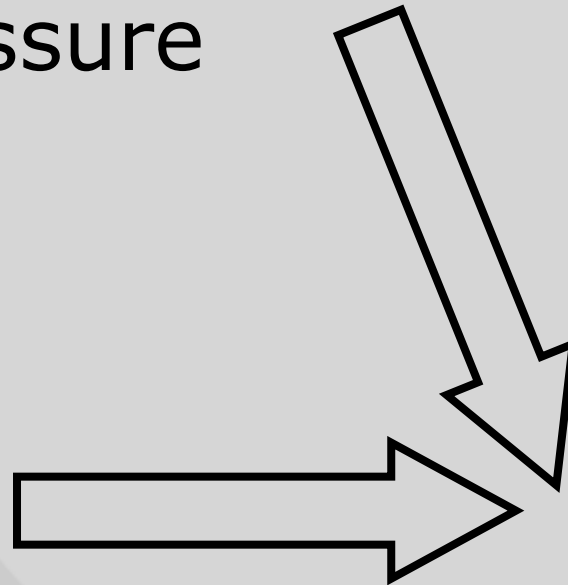
2 Networking

3 New home care facilities

Limiting number of patient days

ACUTE CARE (hospital)

Increasing pressure
on home care!



RESIDENTIAL CARE
(Residential and nursing homes)

*Limiting number of places
and only for moderate to severe
dependent*

HOMECARE



Formal care - professional home care offer

Home Cure	Welfare Services	Material Assistance	Respite Care
<p>Medici: general practitioner</p> <p>Paramedics: home nursing kine logo ergo pedicure</p>	<p>Social work services (health insurance)</p> <p>Family Care Services</p> <p>Local service centers</p> <p>Moral and spiritual assistance</p>	<p>Home Care Equipment / loan services (person-alarming-systems)</p> <p>Housecleaning-help</p> <p>Meals at home</p> <p>Transportation services for less mobile or disabled people</p> <p>Handyman service</p>	<p>Sitter</p> <p>Day Care Center</p> <p>Short Stay Center</p>

Health (cure) Insurance	Care Insurance	Care Insurance	Care Insurance
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There are shortages!

Two projects funded on an experimental setup with resources from the health insurance to alleviate real needs:

1 The Centre for Rehabilitation, Care and Support

2 Night Nursing home

Center for Rehabilitation and Support Care

Main objective: integrate people of 60 and over with Katz score B or C or CD, or with a score of ≥ 6 on the Edmonton Frail Scale after hospitalization back into their home in order:

- to postpone an admission in a nursing home for at least 6 months;
- to prevent readmission to the hospital by insufficiently coordinated home care;
- and further, execution of non hospital rehabilitation

1 Centre for Rehabilitation and Support Care

The target group stays between a minimum of 1 week and a maximum of 8 weeks, in the residential care setting (the Centre for Rehabilitation Care and Support with 24 residential units, central region located) to :

- either optimal prepare them by mediation for formal care and informal care at home;
- second, further, to insure that non hospital rehabilitation takes place.

1 Centre for Rehabilitation and Support Care

The daily care is performed by the home nurse, physiotherapist, paramedics or healthcare experts who were appointed by the patient.

The treating physician is the general practitioner of the patient.

In addition, 24-hour care guarantee is offered by a number of employees associated with the Centre for Rehabilitation Care and Support.

The Centre for Rehabilitation and Care Support will focus on rehabilitation in terms of Instrumental Activities of Daily Living, domesticity and group dynamics.



2 Night Nursing Home

At night, there is a lack of support

Between 22pm and 6 am, professional nurses are responsible for emergency calls (fall, strong agitation in elderly patients with dementia ...) or planned care at night (incontinence care, palliative care ...).

Night Nursing home:

- the safety feeling increases for the patient;
- caregivers can count on help in the night so that their task is more maintainable in the daytime.

Nursing home night: € 1 by performance.



Thanks for your attention!

QUESTIONS?

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